

12 September 2016, Petter Åkerblom: The importance of childrens public space



Sweden
is a long country
(1600 km/1000 miles)

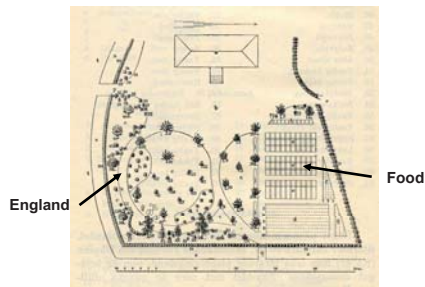
SLU
Swedish University of
Agricultural Sciences
(*Swedens longest university*)



Skolträdgården = skolgården, Skå folkskola, Ekerö, 1901



Skå folkskola, 2003





Arguments & Research



Outcomes from 1 hour physical activities a day in school:
Vammarksolan, Valdemarsvik



Academic:

Reading, language, maths

Psycho-social:

More motivation, less stress,
"we and us", feel good, more present

Physical and mental:

A more elastic brain, more brain cells,
quicker synaps, strength, cardio, body
flexibility

Strategies

The Law:
There must be "enough space
for play and outdoor stay"



- Planning
- Design principles
- Management for better outdoor settings
- Participation

Open space should be ample enough that it is possible to provide varying terrain and vegetation conditions without difficulty or risk of extensive wear and tear.



Local strategies



Methods & Examples

