



**KATEDRALSKOLAN**

**Lunds Kommun**

Updated 20-08-17

## **Drug Policy and Action Plan for Katedralskolan, Lund**

### **Goals**

Katedralskolan targets a drug-free learning environment. That is why we need an action plan to raise awareness about the effects of drugs, influence attitudes and help rehabilitate students involved in substance abuse. All staff members should share common values about drugs while proactively promoting prevention and detection of abuse.

### **Definition**

Drugs refer to tobacco, alcohol, narcotics and doping preparations, as well as prescription medications that are classified as narcotics.

### **Legal basis**

Pursuant to Chapter 14, Section 1 of the Social Services Act, the following authorities and professionals are required to notify the Social Welfare Committee immediately if they discover or suspect that a child is being neglected or abused:

1. authorities whose activities involve children and young people
2. other healthcare authorities, other forensic psychiatric investigative services, the social services and the correctional system
3. employees of authorities specified in Items 1 and 2 above
4. people engaged in a professionally managed private sector organisation who perform tasks that involve children and young people, as well as other such organisations in the healthcare sector or social services. Children and young people refer to anyone below the age of 18.

Pursuant to the Alcohol Act, it is illegal to sell alcohol to—or buy it for—people below the age of 20 or serve it to people below the age of 18.

Pursuant to the Act on Penal Law on Narcotics, it is illegal to possess, manufacture or pass on narcotics. It is also against the law to purchase, process, transport or store narcotics on behalf of someone else or participate in selling it.

Pursuant to the Act Prohibiting Certain Doping Substances, anabolic steroids may not be imported, passed on, used, manufactured, sold or possessed other than for medical or scientific purposes.

### **Preventive interventions**

As a part of the proactive work against drugs we have given permission to the police to examine lockers with dogs after school. The police has the right to open any locker if there is reason for it.

Science 1B, Physical Education and Health 1 and Biology all discuss drug and addiction issues.

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All student activities, particularly mentorship, promote seven qualities among students: knowledge, courage, introspection, balance, broad-mindedness, responsibility and communication. In terms of balance, mentors and teachers are encouraged to emphasize the importance of sleep, nutrition, exercise and avoidance of drug use.

### *Staff*

We pay special attention to students who are frequently absent because it may indicate that they have a drug problem. Mentors regularly check attendance records and contact parents, or the student health team if necessary, when they suspect that a student has been absent a lot.

### *Field trips abroad:*

Field trips that students and teachers take abroad are regarded as educational activities. As a result, the school has determined that alcohol and drug use shall be strictly forbidden on such trips. Students age 18 and over are not exempt from the prohibition. Both students and their parents sign an agreement to that effect prior to departure.

### **Action plan for suspicion of substance abuse**

1. Anyone who suspects that a student is abusing alcohol, narcotics and doping preparations, as well as prescription medications that are classified as narcotics must contact the administration immediately.
2. The administration gets together with the student health team and reviews the information. If suspicion remains, additional action is taken.
3. The counsellor and nurse schedule a talk with the student. The doctor may be involved as well. The student is told the reasons for the suspicion. If suspicion remains, additional action is taken.
4. The student is urged to bring the matter up with her/his parent within one day after talking to the counsellor and nurse.
5. If the student is under 18, the student health team is contacted—followed by the parents, who are informed about the social services, the advisory service and Parents Against Drugs. If suspicion remains, a report is sent to the social services in the student's municipality.
6. Students age 18 and over are offered contact with the advisory service and/or the social services. The school helps the student make such connections. If the student declines, a report is sent to the social services.
7. The student health team discusses the matter with the assistant principal and makes decisions about additional action.
8. The health team is responsible for monitoring the situation— in collaboration with the advisory service and/or social services agency if they so choose.

If a student has asked someone on the health team for assistance, the counsellor or nurse can help her/him get in touch with the advisory service, social services, etc. If the student is under 18, the parents are consulted.

### **Actions when a student is visibly under the influence of drugs**

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- The administration is contacted if a student is visibly under the influence of drugs at school.
- The principal calls the police, and the counsellor or nurse contacts the social services.
- Medical services are contacted if necessary.
- The parents are contacted immediately if the student is under 18.
- The health team is responsible for monitoring the situation.

**Actions when a student is suspected of or caught selling narcotics:**

- The administration is contacted immediately if a student is suspected of or caught selling narcotics.
- The principal calls the police.
- A student who is caught using, selling or passing on drugs at school may be suspended by the principal pursuant to Chapter 5, Section 17 of the Education Act.

**Evaluation of the drug plan**

The drug plan shall be evaluated once every year.

This drug policy is a cooperative effort of Student Welfare Team and Principals.